

Dbt Skills Training Manual Marsha

From Marsha M. Linehan--the developer of dialectical behavior therapy (DBT)--this comprehensive resource provides vital tools for implementing DBT skills training.

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Description. From leading experts who have trained thousands of professionals in dialectical behaviour therapy (DBT), this manual provides indispensable tools for treating adolescents with emotional or behavioural problems of any level of severity.

DBT Skills Manual for Adolescents - DBT Training

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